

ABI/PVR (Ankle-Brachial Index/Pulse Volume Recording) Instructions

- ◇ Your Doctor as ordered a test to check the circulation in your legs and feet.

(A small doppler probe will record the pulses in your legs, from the groin to the feet. You will then have blood pressure cuffs applied to both your upper arms and to your legs. With use of the doppler and by applying pressure to the cuffs we will be able to measure your circulation.)

- ◇ When the nurse takes you back to the examination room you will be asked to undress from the waist down, except for your underwear, including your shoes and socks. We suggest you bring along a pair of loose fitting shorts to wear during the study. You must have your upper arms bare, so please wear short sleeves.

The test will take anywhere from 45 to 90 minutes and no preparation is required.

Please take ALL of your medications, as scheduled prior to the test.

You should get a call with your test results within 1 week.

Appt date: _____ **Time:** _____

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