LEXISCAN NUCLEAR TESTING INSTRUCTIONS

IMPORTANT: Please CAREFULLY read and comply with all instructions in order to avoid rescheduling.

24 HOURS BEFORE YOUR TEST
- NO coffee or tea of any kind.
- NO decaffeinated coffee, tea of any kind, including herbal tea.
- NO colas or soft drinks including those labeled caffeine free.
- NO chocolate (candy, cakes, pies, cocoa, white chocolate, etc.).
- NO Anacin, Excedrin, or any other aspirin products containing caffeine.
- NO smoking

THE DAY OF THE TEST
- Nothing to eat or drink 6 hours before the test. You MAY drink water in any amount.
- Please wash chest area and avoid oil, lotion, powder and perfume.
- Wear a comfortable two-piece outfit; avoid wearing dresses, jumpsuits or shirts with metallic buttons or zippers on the chest area.
  NOTE: Exam area tends to be cold. You may want to bring a sweater or blanket.
- Bring a current list of medications and dosages.
- Bring your insurance card.
- If you are diabetic, please talk with your ordering physician about restrictions.
- After stress testing has been completed, snacks will be provided, however if you have any dietary restrictions, i.e. diabetic or gluten sensitivities, you may want to bring your own snack.

ALLOW 4 HOURS TO COMPLETE EXAM

FOR RADIATION SAFETY REASONS, ONLY PATIENTS ARE PERMITTED IN THE TESTING AREA.

IMPORTANT NOTICES

**48 Hour notice** is required for all cancellations; you will be charged a cancellation fee and for the cost of the tracer. In the event you fail to follow instructions, your test may be cancelled and fees applied.

Referral Patients: **Written orders/ prescriptions for this test are required** prior to performing all testing. If your insurance requires a referral, please obtain one from your primary care physician. All may be faxed to 571-423-5082.

If you will be going through a secure location, i.e. airports or government buildings, within 72 hours after testing, please inform technologist and he/she will provide you with appropriate documentation.

Rev. 3/15/2012