

LEXISCAN NUCLEAR TESTING INSTRUCTIONS

IMPORTANT: Please *CAREFULLY* read and comply with all instructions in order to avoid rescheduling.

24 HOURS BEFORE YOUR TEST

- **NO** coffee or tea of any kind.
- **NO** decaffeinated coffee, tea of any kind, including herbal tea.
- **NO** colas or soft drinks including those labeled caffeine free.
- **NO** chocolate (candy, cakes, pies, cocoa, white chocolate, etc.).
- **NO** Anacin, Excedrin, or any other aspirin products containing caffeine.
- **NO** smoking

THE DAY OF THE TEST

- Nothing to eat or drink 6 hours before the test. You **MAY** drink water in any amount.
- Please wash chest area and avoid oil, lotion, powder and perfume.
- Wear a comfortable two-piece outfit; avoid wearing dresses, jumpsuits or shirts with metallic buttons or zippers on the chest area.
NOTE: Exam area tends to be cold. You may want to bring a sweater or blanket.
- Bring a current list of medications and dosages.
- Bring your insurance card.
- If you are diabetic, please talk with your ordering physician about restrictions.
- After stress testing has been completed, snacks will be provided, however if you have any **dietary restrictions**, i.e. diabetic or gluten sensitivities, you may want to bring your own snack.

ALLOW 4 HOURS TO COMPLETE EXAM

FOR RADIATION SAFETY REASONS, ONLY PATIENTS ARE PERMITTED IN THE TESTING AREA.

IMPORTANT NOTICES

****48 Hour notice** is required for all cancellations; you will be charged a cancellation fee and for the cost of the tracer. In the event you fail to follow instructions, your test may be cancelled and fees applied.

Referral Patients: Written orders/ prescriptions for this test are required prior to performing all testing. If your insurance requires a referral, please obtain one from your primary care physician. All may be faxed to 571-423-5082.

If you will be going through a **secure location**, i.e. airports or government buildings, within 72 hours after testing, please inform technologist and he/she will provide you with appropriate documentation.