





## **INSTRUCTIONS:**

This Personal Medical Information (PMI) form has been provided to you to make visiting the doctor, going to the emergency room or hospital safer, more effective and more efficient. When you have more than one doctor, the information on this form helps provide all of your caregivers a total and up-to-the-minute picture of your medical conditions and medications. This important and current information could affect how you are treated medically.

1. Complete this personal medical information form as completely as possible.
2. Bring an updated copy of this form with you whenever you see a physician or go to a hospital or emergency room.
3. If you take medications or have a history of serious health problems, keep a copy of this with you at all times.
4. When completing the Medication Schedule, be sure to include not only prescription medications, but over-the-counter medications, vitamins, dietary supplements, and herbal medications you take as well as medications you take periodically such as for headaches, colds, etc.
5. The information on the PMI is highly confidential. If you are storing this form, filled out, on your computer you should be sure that your computer is properly secured (locally, over your network and over the Internet). If you are not sure about the security of your computer, keep your file on a floppy disk or other removable disk that you can keep in a secure location.
6. If you have any questions about filling out this form please call our office.